



## Welcome to Duniye Spa

Step into our world of care, where time is left at the door and a new journey begins.

Feeling stressed or tired? Want to re-charge your energy, rejuvenate body and mind? At Duniye Spa we have created a space of healing, touch and aroma, to promote within you a deep sense of calm, joy and serenity. Experience the balance between inner and outer beauty that brings a feeling of contentment. Drift away with a combination of oriental traditions and modern skincare in our nurturing and inspiring ambience.

## Our Philosophy

Nurture your body, calm your mind, inspire your soul.

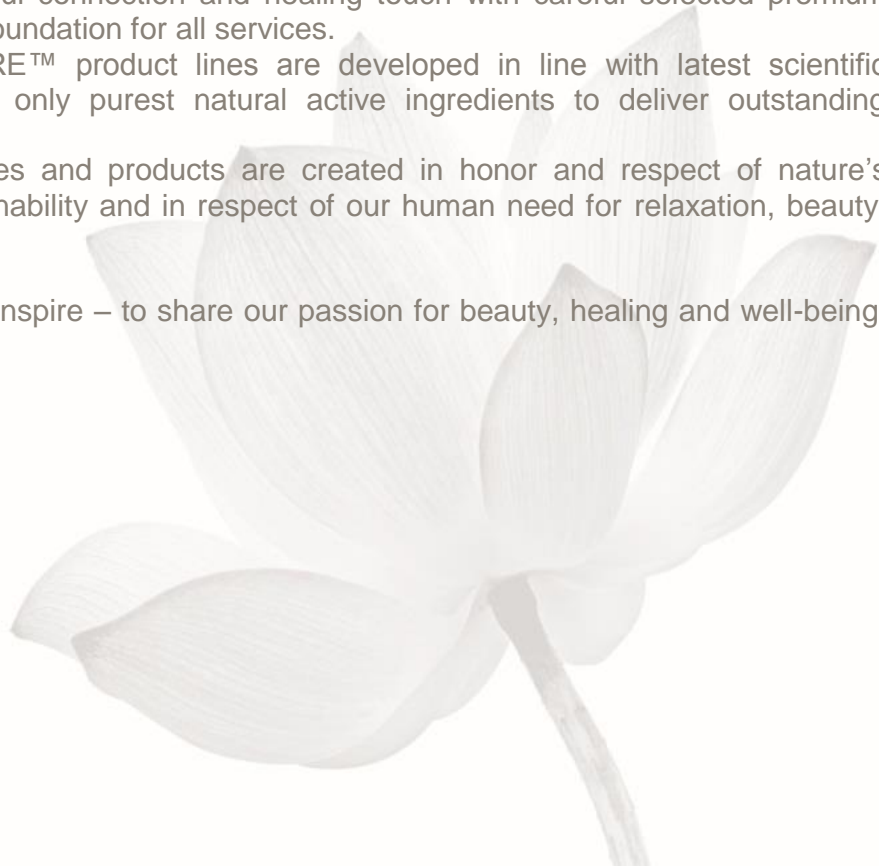
Referring to the original meaning of Duniye (= “Universe”) we honor an universal, holistic approach to health and well-being. Our spa services are inspired by traditional and modern therapies from around the globe with an emphasis on regional healing traditions from Asia & Africa.

Our professional and caring team provides holistic spa treatments with a high- touch and low-tech approach. Mindful connection and healing touch with careful selected premium natural products are the foundation for all services.

HealingEarth™ and PURE™ product lines are developed in line with latest scientific research and containing only purest natural active ingredients to deliver outstanding results.

Our spa facilities, services and products are created in honor and respect of nature’s healing energy, its sustainability and in respect of our human need for relaxation, beauty, balance and connection.

We are here to serve, to inspire – to share our passion for beauty, healing and well-being.



## SIGNATURE TREATMENTS\*\*

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Enhanced with our signature healing face massage with pure quartz crystals and jade rollers.

### SENSE OF TOUCH

Our signature massage: a sense seducing escape from daily life. Combining the world's best massage techniques and inspired by African healing traditions, expect a deeply relaxing and uplifting massage experience. Our 'miracle' Marula & Neroli body balm is enriched with anti-oxidants, to moisturise and hydrate your skin while reviving your senses.

**75 minutes US\$ 114**

### HEAVEN ON EARTH

**The ultimate body & face ritual:** de-stress and feel like you're in heaven with this complete body and face ritual. Increase your energy levels and relieve aches and pains with our Balinese massage. A nourishing hand therapy and hydrating facial completes this top to toe ritual.

**90 minutes US\$ 136**

### MALDIVIAN ISLAND PARADISE

Our bespoke signature ritual uses the essence of coconut from top to toe, to give shiny and lustrous hair, smooth and soft skin, profound and deep relaxation.

- Balinese or muscle ease massage with your choice of coconut oil or muscle relax aromatic oil blend
- coconut hair mask with head massage
- freshly ground coconut-vanilla body polish
- application of coconut body lotion

**120 minutes US\$ 178**

## COUPLES INDULGENCE\*\*

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### FULL MOON MAGIC

An enchanting ritual to captivate your senses as you connect to the vital power of The Elements.

- Balinese massage
- choice of body polish with indulgent head and foot massage
- tropical Marula bath infusion
- Healing Earth mini facial
- champagne and fruits
- spa gift for your spa experience at home

**135 minutes US\$ 382 per couple**

### HONEYMOON INDULGENCE

Enjoy this effective body ritual in a romantic setting together. After our signature foot-bath:

**For her:** choice of Balinese or Oriental massage, firming Mongongo body polish, replenishing hair-scalp massage with warm coconut oil.

**For him:** deep tissue back or muscle ease massage, invigorating ginger-lemongrass body polish, reflexology.

**105 minutes US\$ 312 per couple**

### HIM & HER

Romantic Indulgence! In a candlelit room with the aromas of essential oils, indulge in a Balinese massage, followed by champagne to savour after this treatment.

**75 minutes US\$ 218 per couple**

### \*\* OUR RECOMMENDATION:

Complete with a coconut milk bath soak with aromas of Marula & Neroli, and tropical refreshment.

**20 minutes US\$ 22 per person**

**US\$ 34 per couple**

## MASSAGES OF THE WORLD

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60 minutes US\$ 99

### STRESS RELIEVER BACK MASSAGE /HOT STONES

Therapeutic, deeply relaxing hot stone massage focusing on back and upper body area. For profound deep healing of muscle tension.

Option: can be taken as back massage without hot stones.

### BALINESE MASSAGE

Gentle and calming massage using acupressure, skin rolling and relaxing strokes to restore and calm mind and body. The perfect introduction to massages if you are new to it.

### ORIENTAL MASSAGE

Restoring and balancing, using stronger pressure and a combination of Balinese, Thai and Indian head massage.

### THAI MASSAGE

Energising and uplifting, this 'yoga' massage opens joints and improves flexibility and alignment (no oil used).

### MUSCLE EASE MASSAGE

Invigorating deep tissue massage using stronger pressure and Swedish massage techniques to wring away tension and stress.

### HOLISTIC WELL- BEING

#### REIKI

Renowned Japanese technique for stress reduction and relaxation. Awakens the body's innate healing ability, by 'laying on hands' allowing life force energy to flow and release blockages. As a result feel a deep sense of calm, peace & well-being.

60 minutes US\$ 95

#### REFLEXOLOGY

Treat your feet with whole body benefits. Working on your foot reflex points to restore balance and support the body's own healing.

60 minutes US\$ 95

## FACIAL CARE

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### THE BIO-ACTIVE PERFORMANCE FACIAL

60 minutes US\$ 102

With Healing Earth™, our premium organic product brand. Includes hand therapy and Jade crystal massage.

#### BIO-ACTIVE GLOW & RADIANCE

With Jasmine & Baobab serum to improve and brighten skin tone. Experience new radiance for tired and lacklustre skin: the glow you desire.

#### BIO-ACTIVE HYDRA BOOST

Enrich and boost your skin with the essence of Marula & Rose, to moisturise dehydrated skin the way nature intended.

#### BIO-ACTIVE BALANCING

Effective treatment to restore, purify and revitalise the skin using Neroli & Rose essential oils to provide a natural oil free glow.

### ULTIMATE ANTI-AGING FACIAL

Highly concentrated and technologically advanced products combined with specialized massages provide powerful anti-aging and firming effects with instant skin glow and radiance. Concludes with beautifying pure quartz crystal massage.

75 minutes US\$ 108

### MAN SPACE PURIFYING FACIAL

Starting with a back exfoliation, a facial to purify, hydrate and revitalise skin, especially for the male complexion. Ideal for frequent air travellers and those with stressful lifestyles.

75 minutes US\$ 108

### ENHANCER - BEAUTIFUL EYES

Complete your facial with the new technology of EyeSlices: reduces puffiness, dark circles, redness, lines and wrinkles, bringing luminosity to the eye area.

US\$ 16



## BODY CARE

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### AFRICAN MONGONGO ANTI-AGING BODY RITUAL

#### FIRM & DETOX

The body experience to detox and firm skin. The Mongongo body polish and wrap eliminate toxins and stimulate skin renewal while firming the skin. Choose to indulge in reflexology or Indian head massage during the wrap. With a specialised massage we add nutrients and moisture to improve skin tone and stimulate lymphatic drainage.

[Please consult with our therapist]

**75 minutes US\$ 118**

### TROPICAL ALOE VERA RITUAL

#### HEAL & REPAIR

Too much sun? Let the purest natural remedies cool, repair and restore your skin. For your body a cooling and healing Aloe wrap to restore and heal damaged skin. For your face hydra-boost skin care that restores radiance and structure to the epidermis.

**75 minutes US\$ 118**

### COCONUT BODY POLISH

#### EXFOLIATE & MOISTURISE

Freshly prepared coconut body polish is applied to provide you with a moisturising exfoliation leaving your skin glowing and bright. The perfect preparation for a day on the beach.

**45 minutes US\$ 68**

### GINGER LEMONGRASS BODY POLISH

#### STIMULATE & RELIEVE TENSION

Prepared with fresh ginger; an invigorating and stimulating ginger lemongrass polish to improve skin circulation, release muscle tension and exfoliate. Great after an active day!

**45 minutes US\$ 68**

## BEAUTY CARE

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### SOUL 2 SOLE

Application of an enriching coconut hair mask combined with a scalp massage to relieve tension and provide essential nutrients for soft and shiny hair. Followed by our luxurious Kalahari melon balm exfoliator for hand and feet before a rich cream is massaged deeply into the skin to nourish and soften. Concludes with a relaxing foot massage to boost circulation and reduce swelling.

**60 minutes US\$ 99**

### COCONUT OIL HAIR ELIXIR

#### INDIAN TRADITION FOR SHINY HAIR

Warm locally sourced coconut oil infused with rosemary is massaged into scalp and hair. Followed by an Indian head, shoulder neck massage. Coconut oil is a superb conditioner and provokes new shine. It acts as a protective barrier from the sun and sea.

**45 minutes US\$ 72**

### DELUXE SPA MANICURE

Luxurious conditioning care for your hands with all elements of a traditional manicure to leave hands soft and smooth and nails beautiful. Includes hand and arm massage and nail polish application.

**60 minutes US\$ 60**

### DELUXE SPA PEDICURE

Pamper your feet with an aromatic foot soak and scrub, followed by a traditional pedicure and foot massage to relax and enhance the condition of your feet. Nail polish application included.

**60 minutes US\$ 60**

### SALON TREATMENTS

Subject to availability: waxing, eyebrow shaping, hair services.

Please ask for more information at our spa reception.





## OPTIONAL ENHANCEMENTS

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Enhance your Duniye Spa experience with our ADD ON menu options. These services can be added to any of our treatments.

### BACK, NECK & SHOULDER MASSAGE

An invigorating deep tissue massage focusing on the back area, using massage techniques designed to wring away tension and stress.

**30 minutes US\$ 54**

### EXPRESS FACIAL

A treat for your face with all the elements of a traditional facial, using our organic products - short and sweet!

**30 minutes US\$ 54**

### EYE ENHANCER

The innovative new technology of EyeSlices: revitalises tired eyes and reduces puffiness, dark circles, redness, lines and wrinkles, bringing luminosity to the eye area.

**US\$ 16**

## HOW TO SPA

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- Opening hours 10am to 8pm.
- Kindly shower prior to treatment to remove sunscreen.
- To enjoy the full spa experience, please come to the spa 15 minutes prior to your appointment.
- Late arrivals may not be honoured and will be subject to time deduction.
- Our cancellation policy is 6 hours; we regret that 50% charge will be made for treatments cancelled with less than 6 hours notice and 100% charge will apply for no-show.
- Packaged offers are not refundable, not transferable and pre-booking is required.
- All prices subject to 12% GST (goods & service tax)