

# Welcome to Duniye Spa

#### Step into our world of care, where time is left at the door and a new journey begins.

Feeling stressed or tired? Want to re-charge your energy, rejuvenate body and mind? At Duniye Spa we have created a space of healing, touch and aroma, to promote within you a deep sense of calm, joy and serenity. Experience the balance between inner and outer beauty that brings a feeling of contentment. Drift away with a combination of oriental traditions and modern skincare in our nurturing and inspiring ambience.

## Our Philosophy

#### Nurture your body, calm your mind, inspire your soul.

At Duniye Spa your needs are in good hands. Our dedicated, skilled and caring therapists share a passion for excellence and ensuring you receive an enriching spa experience and a memory to treasure.

We expect excellence from our product lines, too. We use Pure<sup>™</sup> and [comfort zone] for their focus on pure ingredients combined with latest scientific research and development, ensuring a high performance spa experience with outstanding results.

With our group of carefully selected partners, we support sustainable product production and try to minimize as best as possible our environmental impact.

## How to Spa

- Opening hours: 10am to 8pm
- To enjoy the full benefits of your spa experience, please come to the spa 15 minutes prior to your appointment
- To experience the full benefits of our products, kindly shower prior to your treatment to remove sun screen
- Please note late arrivals may not be honoured and will be subject to time deduction
- Need to reschedule your spa experience? Please give us minimum 6 hours notice; we regret that a 50% charge will be made for treatments cancelled less than 6 hours prior to your appointment. A 100% charge will apply for no-show
- Packaged offers are not refundable, not transferable and pre-booking is required
- All rates are quoted per person or as indicated
- Management reserves the right to change spa menu and prices without prior notice
- For more information please call ext. 644
- All prices are subject to 8% GST

<b>Sense of Touch</b> signature massage	After a relaxing footbath, our signature vanilla & whipped cocoa massage butter richly hydrates your skin in this full body massage; using a harmonious combination of Balinese, Hawaiian Iomi-Iomi and Swedish massage strokes with healing techniques to ensure a deep sense of calm and balance. 75 minutes / US\$ 108
Maldivian Island Paradise	Our bespoke signature ritual uses the essence of coconut from top to toe, to give shiny and lustrous hair, smooth and soft skin, and profound and deep relaxation. •signature foot bath •choice of Balinese or oriental massage with warm infused coconut oil •application of coconut hair mask and head massage •freshly ground coconut-vanilla body polish •aromatic tropical bath •application of coconut body lotion •tropical refreshment 120 minutes / US\$ 168
Tropical Sun Soother	Too much sun? Let the purest natural remedies cool, heal and nourish your body from head to toe. •soothing foot bath •calming Balinese back massage or reflexology •soothing and healing aloe vera cocoon •traditional fresh honey-cucumber facial

•nourishing hair-scalp massage with warm coconut oil

90 minutes / US\$ 124

Attractive discounts available for pre-booking of multiple treatments. Please ask Spa Reception about à la carte packages.

Full Moon Magic	<ul> <li>An enchanting ritual to captivate your senses as you connect to the power of The Elements.</li> <li>signature foot bath</li> <li>choice of Balinese or oriental massage</li> <li>choice of body polish with indulgent head and foot massage</li> <li>tropical bath infusion</li> <li>mini facial</li> <li>application of frangipani body lotion</li> <li>champagne and fruits</li> <li>spa gift for your spa experience at home</li> <li>I35 minutes / US\$ 378 per couple</li> </ul>
Honeymoon Indulgence	A sensory journey of pure romance! After our refreshing signature foot bath: For her: Balinese or oriental massage, smoothing and toning coffee-chocolate body scrub, replenishing hair-scalp massage with warm coconut oil For him: Balinese or deep tissue massage, muscle relieving ginger- lemongrass body rub, reflexology Concludes with a tropical bath infusion with refreshment, and application of moisturizing body lotion. 120 minutes / US\$ 306 per couple
Him & Her	Romantic indulgence! Our signature foot bath in a candlelit room, with revitalizing essential oils burning for an intoxicating aroma; indulge in a Balinese massage, followed by champagne to savour after the treatment.

75 minutes / US\$ 206 per couple

Stress Relieving Back Massage with Hot Stones	Focusing on the area of the body most prone to hold tension; soothing hot stones with a back, neck and shoulder massage give a deep sense of relaxation and healing. 60 minutes / US\$ 99
Balinese Massage	A gentle and calming massage using a combination of acupressure, skin rolling and relaxing strokes to restore and calm mind and body. The perfect introduction for newcomers to massage. 60 minutes / US\$ 99
Oriental Massage	Restoring and balancing massage using stronger pressure and a combination of traditional Thai, Balinese and Indian head massage techniques. 60 minutes / US\$ 99
Thai Massage	Energizing and uplifting, this 'yoga massage' opens the joints and improves body flexibility and alignment (no oil used). 60 minutes / US\$ 99
Aroma Reviving Massage	This massage incorporates Swedish, Chinese acupressure and Hawaiian Iomi-Iomi techniques to stimulate circulation and refresh and energise your body. 60 minutes / US\$ 99
Sole to Soul	A healing combination of Indian head massage and reflexology to bring deep relaxation to body and mind while stimulating the body's innate healing power. 60 minutes / US\$ 99
Lymphatic Drainage Massage	A massage to support detoxification, combat fluid retention and improve immune system, using gentle massage techniques to increase lymph flow and eliminate toxins. <i>Recommended in combination with any slimming or detox</i> <i>programme.</i> 60 minutes / US\$ 99

Please note: for our pregnant ladies there is a special massage option available (after first trimester)

[comfort zone]	Exclusive treatment with retinol and lacto-proteins for deep and
Action Sublime	visible wrinkle-reducing action. A delightful massage to face, neck,
bio-multi force	shoulders and arms aids relaxation.
anti-aging facial	75 minutes / US\$ 108
[comfort zone] Man Space hydra performance facial	Starting with revitalizing back massage, a treatment to purify, hydrate and revitalise skin, especially formulated for the male complexion. Ideal for frequent air travellers and those with a stressful lifestyle. 75 minutes / US\$ 108

PURE Facial	Gentle, calming and effective facial to deeply hydrate and nourish
hydrating & nourishing	dry and sensitive skin. Using an exclusive blend of powerful
	botanical extracts and age reversal serum. Includes a delightful face
	massage using Chinese jade rollers.
	60 minutes / US\$ 98

PURE Facial	Rich in botanical essences, this effective facial balances, purifies and
balancing & cleansing	decongests, leaving your complexion clear and radiant. Includes
	application of effective age reversal serum and a delightful face
	massage using Chinese jade rollers.
	60 minutes / US\$ 98

Enhancer	Complete your facial with a lifting collagen eye mask to reduce
eye supreme	puffiness, smooth fine lines and increase luminosity around the eyes.
	price US\$ 32

[comfort zone] Body Refiner	Concerned with fluid retention, weight loss or skin texture? Active ingredients from marine sediments and plant extracts support toxin drainage, lymph activity and the natural breakdown of fatty deposits to help you see results. After body exfoliation, a detoxifying and slimming wrap is massaged into the skin, followed by a specialized massage with firming body cream, leaving your contours re-defined and your skin firmed and toned. Effective slimming is specially achieved with a course of treatments - please check our à la carte package options. 75 minutes / US\$ 114
Moisturizing Coconut Cocoon	Freshly prepared coconut body polish is applied to give moisturising skin exfoliation. After showering enjoy a soothing full body massage using coconut lotion, to leave your body with soft, supple and deeply moisturized skin. 75 minutes / US\$ 110
Cleansing & Smoothing Coffee-Chocolate Cocoon	Not only for coffee and chocolate lovers. An aromatic coffee-chocolate body polish exfoliates skin and stimulates circulation, followed by a coffee-chocolate body mask to nourish and tone skin. A full body massage using coconut body lotion concludes this pampering treatment. 75 minutes / US\$ 110
Muscle Relieving Ginger-Lemongrass Cocoon	Revitalise your body from inside out. A ginger-lemongrass body rub assists circulation and deep muscle stimulation, with steamed ginger slices placed on the back for further muscle relaxation. Concludes with a full body deep tissue massage to relieve tension and revitalise. 75 minutes / US\$ 110

Asian Hair Elixir Coconut Hair Mask	Warm blended coconut oil infused with rosemary is massaged into scalp, followed by a coconut milk hair mask to nourish your hair. An arm, neck and shoulder massage is included, and the treatment finishes with a full body application of coconut lotion. 60 minutes / US\$ 80
Spa Manicure	Luxurious conditioning care for your hands, with all aspects of a traditional manicure to leave hands soft and smooth, and nails beautiful. Includes a hand and arm massage and nail polish application. (additional charge of US\$ 5 for French/nail art) 60 minutes / US\$ 55
Spa Pedicure	Pamper your feet with an aromatic foot soak and scrub, followed by a traditional pedicure and foot massage to enhance the condition of your feet. Nail polish application included. (additional charge of US\$ 5 for French/nail art) 60 minutes / US\$ 55
Salon Treatments	Subject to availability: waxing, eyebrow shaping, hair services. Please ask for more information at our Spa Reception
	Holistic Well Being (limited availability)
Reiki	Deeply relaxing treatment to activate body's natural healing ability, by placing hands on key points and allowing energy to flow into your body and rebalance it's intricate system. 60 minutes / US\$ 95

Back, Neck & Shoulder Massage (adults only)	An invigorating deep-tissue sports massage focusing on the back area, using strong pressure and Swedish massage techniques to wring away tension and stress. 30 minutes / US\$ 54 60 minute fully body option available / US\$ 99
Full Body Massage (12-16 years only)	Especially for teens, a gentle and relaxing full body massage based on our Balinese style. 30 minutes / US\$ 54
Express Facial	Give your face a treat with all the elements of a traditional facial using our organic products – short and sweet! 30 minutes / US\$ 54
Mini Manicure	For beautiful hands, cuticles are tidied, nails are cleaned, shaped and buffed and a soothing, moisturising hand massage to finish (nail polish not included). 30 minutes / US\$ 34
Mini Pedicure	For beautiful feet, treatment starts with a foot soak then cuticles are

tidied, nails are cleaned, shaped and buffed and moisturising lotion is applied (nail polish not included). 30 minutes / US\$ 34